CITY OF ATLANTA





DEPARTMENT OF PARKS AND RECREATION

Lifeguard Training Program Youth Ages 15 & up



Learn the basic fundamentals of lifeguarding through American Red Cross training. The purpose of this training is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize, and respond to aquatics emergencies and to provide care for breathing and cardiac emergencies. The lifeguard training will consist of 4 mandatory sessions (in-person 19.5 hours) and an online portion course (7.5 hours required).

What: Lifeguard Training Program

When: November 19 – April 8 on Saturdays 10:00 a.m. - 2:00 p.m.

Who: Ages 15yr and up

Where: Rosel Fann Natatorium

Cost: Free: Any APS Student with valid I.D \$205.00 for any Non-APS Student ages (15 +)

