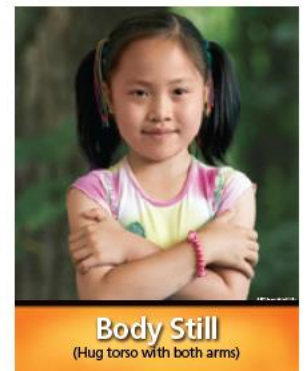


SEL/SECOND STEP QUICK GUIDE:

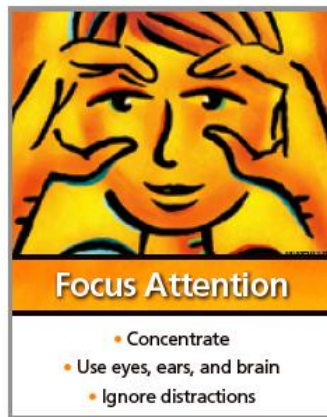
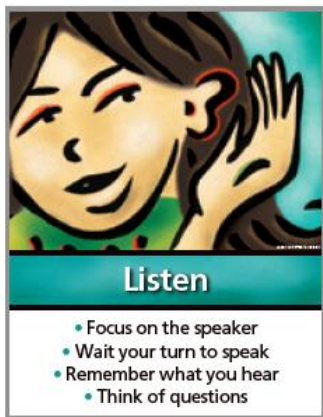
Social and Emotional Learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

In APS Pre-K, elementary, and middle schools, the *Second Step* curriculum is used to teach students skills that strengthen their ability to learn, have empathy, manage emotions, and solve problems. Every day, teachers teach, model, and reinforce SEL skills through *Second Step* strategies. You can support this work by using the same visual cues & vocabulary that students practice on a daily basis.

Kindergarten-Grade 1: Listening Rules Cards -



Grades 2-3: Skills for Learning Cards -



All Grades -

