

Second Step Scope and Sequence 2018-19 (Pre-K – 5th)

Monthly SEL Concept Theme	Wk of	Pre-K	Kindergarten	1 st	2 nd	3 rd	4 th	5 th
Relationship Skills: Creating a Strong School Community	8/1	Welcoming	CG: Establish Essential Agreements	CG: Establish Essential Agreements	CG: Establish Essential Agreements	CG: Establish Essential Agreements	CG: Establish Essential Agreements	CG: Establish Essential Agreements
	8/6	Listening	Learning to Listen	Learning to Listen	Being Respectful	Being Respectful Learners	Empathy and Respect	Empathy and Respect
	8/13	Focusing Attention	Focusing Attention	Focusing Attention	Focusing Attention and Listening	Using Self-Talk	Listening with Attention	Listening with Attention
	8/20	Self-Talk	Following Directions	Following Directions	Using Self-Talk	Being Assertive	Being Assertive	Being Assertive
	8/27	Following Directions	Self-Talk for Staying on Task	Self-Talk for Learning	Being Assertive	Planning to Learn	Respecting Similarities/Differences	Predicting Feelings
Self-Awareness: Individuality and Positive Self-Concept	9/4	Asking for What You Need or Want	Being Assertive	Being Assertive	Identifying Feelings	Identifying Others' Feelings	Understanding Complex Feelings	Taking Others' Perspectives
	9/10	Identifying Feelings	Feelings	Identifying Feelings	Learning More About Feelings	Understanding Perspectives	Understanding Different Perspectives	Accepting Differences
	9/17	More Feelings	More Feelings	Looking for More Clues	Feeling Confident	Conflicting Feelings	Conversation and Compliments	Disagreeing Respectfully
	9/24	Identifying Anger	Identifying Anger	Similarities and Differences	Respecting Different Preferences	Accepting Differences	Joining In	Responding with Compassion
Social-Awareness: Diversity and Acceptance	10/1	Same or Different Feelings	Same or Different?	Feelings Change	Showing Compassion	Showing Compassion	Showing Compassion	Introducing Emotion Management
	10/15	Accidents	Accidents	Accidents	Predicting Feelings	Making Friends	Introducing Emotion Management	Calming Down
	10/22	Caring and Helping	Caring and Helping	Showing Care and Concern	Introducing Emotion Management	Introducing Emotion Management	Managing Strong Feelings	Managing Anxiety
	10/29	We Feel Feelings in Our Bodies	We Feel Feelings in our Bodies	Identifying Our Own Feelings	Managing Embarrassment	Managing Test Anxiety	Calming Down Anger	Managing Frustration
Social-Awareness: Empathy and Emotions	11/5	Strong Feelings	Managing Frustration	Strong Feelings	Handling Making Mistakes	Handling Accusations	Managing Anxiety	Resisting Revenge
	11/12	Naming Feelings	Calming Down Strong Feelings	Calming Down Anger	Managing Anxious Feelings	Managing Disappointment	Avoiding Jumping to Conclusions	Handling Put-Downs
	11/26	Managing Disappointment	Handling Waiting	Self-Talk for Calming Down	Managing Anger	Managing Anger	Handling Put-Downs	Avoiding Assumptions
Responsible Decision-Making	12/3	Managing Anger	Managing Anger	Managing Worry	Finishing Tasks	Managing Hurt Feelings	Solving Problems, Part 1	Solving Problems, Part 1
	12/10	Managing Waiting	Managing Disappointment	Solving Problems, Part 1	Solving Problems, Part 1	Solving Problems, Part 1	Solving Problems, Part 2	Solving Problems, Part 2

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	12/17	Fair Ways to Play	Handling Being Knocked Down	Solving Problems, Part 2	Solving Problems, Part 2	Solving Problems, Part 2	Making a Plan	Making a Plan
Self-management: Courage	1/7	CG: Review of SEL Semester One	CG: Review of SEL Semester One	CG: Review of SEL Semester One	CG: Review of SEL Semester One	CG: Review of SEL Semester One	CG: Review of SEL Semester One	CG: Review of SEL Semester One
	1/14	Ways to Stay Safe	Ways to Stay Safe	Ways to Stay Safe	Ways to Stay Safe	Ways to Stay Safe	Ways to Stay Safe	Ways to Stay Safe
	1/22	The Always Ask First Rule	The Always Ask First Rule	The Always Ask First Rule	The Always Ask First Rule	The Always Ask First Rule	The Always Ask First Rule	The Always Ask First Rule
	1/28	Safe and Unsafe Touches	Safe and Unsafe Touches	Safe and Unsafe Touches	Safe and Unsafe Touches	Safe and Unsafe Touches	Safe and Unsafe Touches	Safe and Unsafe Touches
Responsible Decision-Making: Problem-	2/4	The Touching Rule	The Touching Rule	The Touching Rule	The Touching Rule	The Touching Rule	The Touching Rule	The Touching Rule
	2/11	CG: RAK WEEK	CG: RAK WEEK	CG: RAK WEEK	CG: RAK WEEK	CG: RAK WEEK	CG: RAK WEEK	CG: RAK WEEK
	2/25	Practicing Staying Safe	Practicing Staying Safe	Practicing Staying Safe	Practicing Staying Safe	Practicing Staying Safe	Practicing Staying Safe	Practicing Staying Safe
Self-Management: Perseverance	3/4	Reviewing Safety Skills	Reviewing Safety Skills	Reviewing Safety Skills	Reviewing Safety Skills	Reviewing Safety Skills	Reviewing Safety Skills	Reviewing Safety Skills
	3/11	Having Fun with Friends	Solving Problems	Fair Ways to Play	Taking Responsibility	Solving Classroom Problems	Solving Playground Problems	Seeking Help
	3/19	Inviting to Play	Inviting to Play	Inviting to Join In	Responding to Playground Exclusion	Solving Peer-Exclusion Problems	Taking Responsibility for Your Actions	Dealing with Gossip
	3/25	Joining In With Play	Fair Ways to Play	Handling Name-Calling	Playing Fairly on the Playground	Dealing with Negative Peer Pressure	Dealing with Peer Pressure	Dealing with Peer Pressure
Self-Awareness: Growth mindset	4/8	Saying the Problem	Having Fun with Our Friends	Reviewing Second Step Skills	Reviewing Second Step Skills	Reviewing Second Step Skills	Reviewing Second Step Skills	Reviewing Second Step Skills
	4/15	Thinking of Solutions	Handling Having Things Taken Away	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2
	4/22	Speaking Assertively	Handling Name-Calling	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2
	4/29	Learning in Kindergarten	Reviewing Second Step Skills	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2
Relationship Skills: Service Learning	5/6	Riding the Kindergarten Bus	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2
	5/13	Making New Friends in Kindergarten	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2
	5/20	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2	CG: Review of SEL Semester 2