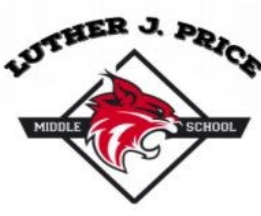


# AUGUST 2023

Mon	Tue	Wed	Thu	Fri
	<b>1</b> SEC Biscuit or Cereal Fruit/100% Juice Choice of Milk  <b>Taco Tuesday</b> Flour Tortilla Lettuce & Tomatoes Black Beans & Corn Salsa  Fruit/100% Juice Choice of Milk Vegetarian Alternative: Vegetarian Tacos  NutriGrain Bar 100% Juice	<b>2</b> Waffles & Bacon or Cereal Fruit/100% Juice Choice of Milk  <b>Chicken Tenders</b> Creamy Mashed Potatoes Italian Green Beans  Fruit/100% Juice Choice of Milk Vegetarian Alternative: Vegetarian Nuggets  Doritos 100% Juice	<b>3</b> Eggs,Sausage & Grits/ Cereal Fruit/100% Juice Choice of Milk  <b>Beef-A-Roni</b> Garlic Bread Italian Veggie Blend Spinach Salad w/ Craisins  Fruit/100% Juice Choice of Milk Vegetarian Alternative: Garden Burger  Pretzels 100% Juice	<b>4</b> Muffin & Yogurt or Cereal Fruit/100% Juice Choice of Milk  <b>Pizza</b> Baby Carrots Broccoli Pasta Salad  Fruit/100% Juice Choice of Milk Vegetarian Alternative: Cheese Pizza  <b>EARLY DISMISSAL NO SNACKS</b>
<b>7</b> Chicken Biscuit or Cereal Fruit/100% Juice Choice of Milk  <b>Hamburger</b> Hamburger Bun Golden French Fries Lettuce, Tomatoes, Pickles Fruit/100% Juice Choice of Milk Vegetarian Alternative: Blackbean Burger  Chocolate Chip Cookies 100% Juice	<b>8</b> French Toast Sticks or Cereal Fruit/100% Juice Choice of Milk  <b>Chicken Pasta Alfredo</b> Garlic Bread Steamed Broccoli Garden Salad Fruit/100% Juice Choice of Milk Vegetarian Alternative: Pasta Alfredo  Cheetos 100% Juice	<b>9</b> Sausage Biscuit or Cereal Fruit/100% Juice Choice of Milk  <b>Hotdogs</b> Hotdog Bun Creamy Coleslaw Vegetarian Baked Beans Fruit/100% Juice Choice of Milk Vegetarian Alternative: Vegetarian Hotdog  Coco Puffs Cereal Bar 100% Juice	<b>10</b> Honeybun or Cereal Fruit/100% Juice Choice of Milk  <b>Philly Cheesesteak</b> Coney Bun Roasted Sweet Potatoes Garden Salad Fruit/100% Juice Choice of Milk Vegetarian Alternative: Vegetarian Philly  Granola Bar 100% Juice	<b>11</b> Breakfast Pizza or Cereal Fruit/100% Juice Choice of Milk  <b>Turkey/Ham Sub Bar</b> Lettuce, Tomatoes, Pickles Carrot Salad Fruit/100% Juice Chocolate Chip Cookie Choice of Milk Vegetarian Alternative: Vegetarian Sub  <b>EARLY DISMISSAL NO SNACKS</b>
<b>14</b> Cinnamon Roll or Cereal Fruit/100% Juice Choice of Milk  <b>Mama's Sloppy Joe</b> Hamburger Bun French Fries Creamy Cole Slaw Fruit/100% Juice Choice of Milk Vegetarian Alternative: Vegetarian Sloppy Joe  Chex Mix 100% Juice	<b>15</b> BEC Croissant or Cereal Fruit/100% Juice Choice of Milk  <b>Mandarin Orange Chicken</b> Veggie Fried Rice Pacific Vegetable Blend Veggie Egg Roll Fruit/100% Juice Choice of Milk Vegetarian Alternative: Vegetarian Orange Nuggets  Popcorn 100% Juice	<b>16</b> Bagel Cream Cheese Fruit/100% Juice Choice of Milk  <b>Turkey Burger</b> Hamburger Bun Lettuce, Tomatoes & Pickles Sweet Potato Fries Fruit/100% Juice Choice of Milk Vegetarian Alternative: Garden Burger  Rice Krispy Treat 100% Juice	<b>17</b> Breakfast Burritos or Cereal Fruit/100% Juice Choice of Milk  <b>BBQ Chicken</b> Dinner Roll Macaroni & Cheese Green Beans Fruit/100% Juice Choice of Milk Vegetarian Alternative: Macaroni & Cheese  Strawberry NutriGrain Bar 100% Juice	<b>18</b> Fruit Strudel or Cereal Fruit/100% Juice Choice of Milk  <b>Mini Corn Dogs</b> Vegetarian Baked Beans Broccoli Pasta Salad Fruit/100% Juice Choice of Milk Vegetarian Alternative: Vegetarian Nuggets  <b>EARLY DISMISSAL NO SNACKS</b>
<b>21</b> Hashrown, Sausage, Eggs Fruit/100% Juice Choice of Milk  <b>Salisbury Steak</b> Dinner Roll Scallop Potatoes Glazed Carrots Fruit/100% Juice Choice of Milk Vegetarian Alternative: Salisbury Vegetarian Steak  Potato Chips 100% Juice	<b>22</b> Bacon Grit Bowl or Cereal Fruit/100% Juice Choice of Milk  <b>Chicken Sandwich</b> Hamburger Bun Lettuce, Tomatoes & Pickles Carrot Raisin Salad Fruit/100% Juice Choice of Milk Vegetarian Alternative: Garden Burger  Chocolate Chip Cookies 100% Juice	<b>23</b> SEC McMuffin or Cereal Fruit/100% Juice Choice of Milk  <b>Loaded Chili Cheese Fries</b> Steamed Broccoli Fruit/100% Juice Choice of Milk Vegetarian Alternative: Loaded Cheese Fries  Teddy Graham 100% Juice	<b>24</b> Muffin and Yogurt Fruit/100% Juice Choice of Milk  <b>Friday Eve Fish Fry</b> Hamburger Bun Potato Salad Vegetarian Baked Beans Fruit/100% Juice Choice of Milk Vegetarian Alternative: Blackbean Burger  Cheezits 100% Juice	<b>25</b> Pancake on a stick Fruit/100% Juice Choice of Milk  <b>Chicken Salad</b> Croissant Baby Carrots & Celery Potato Chips Fruit/100% Juice Choice of Milk Vegetarian Alternative: Vegetarian Croissant  <b>EARLY DISMISSAL NO SNACKS</b>
<b>28</b> Sausage Biscuit or Cereal Fruit/100% Juice Choice of Milk  <b>Chicken Tenders</b> Dinner Roll Sweet Potatoes California Veggie Blend Fruit/100% Juice Choice of Milk Vegetarian Alternative: Vegetarian Nuggets  Animal Crackers 100% Juice	<b>29</b> Hashbrown Casserole Fruit/100% Juice Choice of Milk  <b>Chicken Tacos</b> Flour Tortilla Lettuce & Tomatoes Blackbean & Corn Salad Fruit/100% Juice Choice of Milk Vegetarian Alternative: Vegetarian Tacos  Doritos 100% Juice	<b>30</b> French Toast Sticks or Cereal Fruit/100% Juice Choice of Milk  <b>Spaghetti</b> Garlic Breadstick Garden Salad Sweet Peas Fruit/100% Juice Choice of Milk Vegetarian Alternative: Pasta Marinara  Pop Tart 100% Juice	<b>31</b> ChefLampkin Choice Fruit/100% Juice Choice of Milk  <b>Chef Lampkin Surprise</b>  Fruit/100% Juice Choice of Milk Vegetarian Alternative: Chef Lampkin Choice  Chef Choice 100% Juice	<b>1% unflavored milk and chocolate skim milk are offered daily.</b>