



Department of Health and Physical Education
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Atlanta Public Schools Department of Health and Physical Education COVID Safety Guidelines

Effective March 1, 2022, Atlanta Public Schools (APS) will implement changes to our COVID-19 mitigation strategies for athletics and extracurricular activities, including:

- Moving to a mask-optional policy in all of our buildings for all faculty, staff, students, and visitors

Guidance for Acclimatization and Practice with Minimal to No Restrictions/ Athletics

- Use of locker rooms or shower facilities is acceptable with the following guidance.
 - Facilities and all equipment should be sanitized after each class.
 - Physical distancing should be practiced. If needed, groups should dress in stages. (Preferably twenty-five per group)
 - Students shall not congregate in the locker room and indoor facilities. The locker room will be monitored by designated personnel to ensure compliance with this requirement.
- Weight equipment will be cleaned prior to each workout and sanitized between uses by each student.
- Hand sanitizer will be plentiful and readily available.
- Physical distancing must be adhered to as a safety net (6ft for all adults and 3ft between students).

The following research and guidance was utilized to develop these guidelines:

[APS Mask Wearing Protocols](#)

[Coronavirus Resources for Physical Education and Health](#)

[SHAPE School Reentry Resources: Health and Physical Education](#)

[CDC Considerations for Youth Sports](#)

[In-School Instruction With Physical Distancing - Physical Education](#)

If you have any questions, please contact Mrs. Myss Jelks, K-12 Health and Physical Education Coordinator, at 404-802-7535. Thank you for your continued support.