

Tips For Families In Distance Learning



1

Set Up A Daily Schedule

Use APS Teaching and Learning Schedules as examples

Remember to incorporate brain breaks, physical and outside activities

Consider posting a schedule in the work space and also on a digital calendar with reminders

Schedule check-ins with your child's teacher to discuss progress and/or goals

2 Set Expectations For Learning

Include example roles/responsibilities for parent and child

3

Make Sure Your Child Can Log On/ Access All Online Platforms and Resources

4 Designate A Quiet and Comfortable Work Space

Students should have a desk/table and chair in an area that is as free from distractions as possible

Students should have easy access to the supplies they need for learning/assignments

Student devices should be in areas that leverage the best internet connectivity

Schedule check-ins with your child's teacher to discuss progress and/or goals

5

Help Your Child Get Organized

Identify a system for keeping track of school work and find a good method to track school assignments and due dates.

6

Encourage Reading And Use Of Supplemental Resources



7

Ask For Help If You Need It Academics

(Tutoring, Teacher Office Hours, Special Education, ESOL, Gifted, DLI, etc...) track school assignments and due dates.

8

Stay Connected... We're All In This Together!

Atlanta Public Schools:
www.atlantapublicschools.us
Facebook: AtlantaPublicSchools
Twitter: @apsupdate
TV: APStv



Helpful Links

Building Positive Conditions for Learning at Home: Strategies and Resources for Families and Caregivers

(American Institutes for Research)

<https://www.air.org/resource/building-positive-conditions-learning-home-strategies-and-resources-families-and-caregivers>

5 Ways to help keep children learning during the COVID pandemic (UNICEF)

<https://www.unicef.org/coronavirus/5-tips-help-keep-children-learning-during-covid-19-pandemic>

10 Tips to Help Get Your Child Organized (Understood.org)

<https://www.understood.org/en/learning-thinking-differences/understanding-childrens-challenges/simple-changes-at-home/10-tips-to-help-get-your-child-organized>

How to Teach Your Middle-Schooler Organization Skills (Understood.org)

<https://www.understood.org/en/school-learning/learning-at-home/teaching-organizational-skills/how-to-teach-your-middle-schooler-organization-skills>

10 Ways to Help Your Kid Get Organized for the New School Year (familyeducation.com)

<https://www.familyeducation.com/life/getting-organized/ten-ways-help-your-child-get-organized>

10 Ways to Cultivate a Love of Reading in Students (edutopia.org)

<https://www.edutopia.org/blog/cultivating-love-reading-students-elena-aguilar>

Atlanta Fulton Public Library

<http://www.afpls.org/>

Curbside pickup for books

<http://www.afpls.org/news/2697-libraries-prepare-to-reopen-for-curbside-services-july-1>

Free Wi-fi

<https://georgialibraries.org/library-everywhere/>

Center on Online Learning and Students with Disabilities

<http://www.centerononlinelearning.res.ku.edu/>

Free Tech for Learning

<https://www.learningkeepsgoing.org/parents>

Georgia Behavioral Health

<http://www.georgiabehavioralhealth.org/>

Tips To Reduce Stress And Anxiety In Kids

<https://www.maginationpressfamily.org/stress-anxiety-in-kids/>

Exploring Mindfulness Activities With Kids

<https://www.maginationpressfamily.org/mindfulness-kids-teens/practicing-mindfulness/>

Community Resources (Food Pantries, Transportation, Enrichment Opportunities, etc.) 2-1-1

<https://www.helplinecenter.org/2-1-1-community-resources/>

American Academy of Child and Adolescent Psychiatry Resources

https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx