

We offer a comprehensive approach to health by integrating Primary Care and Behavioral Health.

Eastchester Family Services (EFS) is a nationally accredited community-based organization holding state, local and federal contracts. EFS is designed to meet the diverse needs of today's families by effectively integrating behavioral health and primary care services to improve clinical outcomes, access to health care and overall quality of life for all clients and their families.



Our Services Include:

Primary Care

- Wellness visits and physical
- Treatment of acute illnesses and injuries
- Management of chronic illness (Diabetes, Hypertension, asthma and more)
- Coordinate care with specialist
- Nutrition and weight loss
- Health Coaching
- Pediatric and adolescent care
- Immunizations for children 18 and under
- Physicals (inc Sports Physicals)
- Women's health including Pap smears and
- Family planning

Behavioral Health

- Assessments
 - Psychiatric
 - Psychological
 - Trauma
 - Nursing
 - Substance Abuse
- Therapy
 - Trauma Focused
 - Individual
 - Family
 - Group
- WRAP Around Services



EastchesterFamilyServices.com

Call For Appointment
404-653-0374

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