





# Connecting SEL & IB in the Mays Cluster

## 2022 - 2023 SEL Book of the Month Initiative

	SEL COMPETENCY	THEME	LEARNER PROFILE ATTRIBUTE	APPROACHES TO LEARNING SKILL	BOOK TITLE
<b>AUGUST</b>	<p><b>Relationship Skills</b> allows students to develop and maintain healthy relationships with others, including the ability to resist negative social pressures, resolve interpersonal conflict, and seek help when needed. Students need to be able to work well with their classmates in order to participate in collaborative groups.</p>	<p><b>Welcome to the School Community</b> (We recognize the value of our home communities, while making a daily contribution to our school community through acts of kindness.)</p>	<p><b>Communicator</b> I express my thoughts, share my feelings, and listen to others.</p>	<p><b>Communication Skills</b> Exchanging-information skills (listening, interpreting, speaking)</p>	 <p><b>A Friend Like You,</b> by Frank Murphy</p> <p>There's nothing in the world like a wonderful friend. Friends are there to laugh with you and ready with a hug when you need one. There are forever friends and brand new friends. Friends for adventures and friends for cozy days indoors. Friends who are just like you and friends who are nothing like you at all. In this book, celebrate ALL the marvelous ways to be a friend!</p>
<b>SEPTEMBER</b>	<p><b>Self-awareness</b> is the ability to recognize one's own feelings, interests, and strengths, in addition to maintaining an accurate level of self-efficacy. Students who are self-aware are capable of describing and understanding their own emotions. In addition, they are capable of recognizing their own strengths and weaknesses. Students' beliefs about their own strengths and weaknesses influence the academic choices they make, how long they will persist on tasks and whether or not they will ask for help on academic tasks.</p>	<p><b>Individuality and Positive Self-Concept</b> (We are aware of the importance of each unique identity and the strengths we all bring as individuals)</p>	<p><b>Knowledgeable</b> I am developing an understanding of the world around me, locally and globally.</p>	<p><b>Self-Management</b> States of mind (mindfulness, perseverance, emotional management, self-motivation, resilience)</p>	 <p><b>Red: A Crayon's Story,</b> by Michael Hall</p> <p>Red is a blue crayon with a red label. Everyone calls him Red because that's what his label says. Everyone expects him to draw in red, but as much as Red tries, he can't. Some say he just needs practice. Others think he is just not that smart. One day, a friend asks him to draw her an ocean for her boat, and he's great at it! After this, he realizes his label was wrong. He's not Red, he's Blue! Once his peers recognize he is a blue crayon, they praise his drawing abilities and call him brilliant.</p>


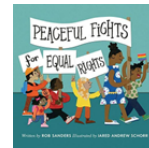
# Connecting SEL & IB in the Mays Cluster

## 2022 - 2023 SEL Book of the Month Initiative

	SEL COMPETENCY	THEME	LEARNER PROFILE ATTRIBUTE	APPROACHES TO LEARNING SKILL	BOOK TITLE
<b>OCTOBER</b>	<p><b>Social awareness</b> allows individuals to take others' perspectives into account and to empathize with others. Socially aware students are more likely to recognize and appreciate the similarities and differences of others. Social awareness is particularly important for students as they participate in new instructional shifts. Students need to take the perspectives of their classmates during classroom discussions and attempt to empathize and relate with characters during analysis of texts.</p>	<p><b>Diversity and Acceptance</b> (We show appreciation for diverse perspectives and experiences)</p>	<p><b>Thinkers</b> I use information to build understanding, create new ideas, and solve problems</p>	<p><b>Thinking Skills</b> Critical-thinking skills (analyzing and evaluating issues and ideas)</p>	 <p><b>Milo Imagines the World</b>, by Matt de la Peña</p> <p>Milo is on a long subway ride with his older sister. To pass the time, he studies the faces around him and makes pictures of their lives. There's the whiskered man with the crossword puzzle; Milo imagines him playing solitaire in a cluttered apartment full of pets. There's the wedding-dressed woman with a little dog peeking out of her handbag; Milo imagines her in a grand cathedral ceremony. And then there's the boy in the suit with the bright white sneakers; Milo imagines him arriving home to a castle with a drawbridge and a butler. But when the boy in the suit gets off on the same stop as Milo--walking the same path, going to the exact same place--Milo realizes that you can't really know anyone just by looking at them.</p>
<b>NOVEMBER</b>	<p><b>Social awareness</b> allows individuals to take others' perspectives into account and to empathize with others. Socially aware students are more likely to recognize and appreciate the similarities and differences of others. Social awareness is particularly important for students as they participate in new instructional shifts. Students need to take the perspectives of their classmates during classroom discussions and attempt to empathize and relate with characters during analysis of texts.</p>	<p><b>Empathy</b> (We appreciate the value of kindness in building and maintaining a positive learning community)</p>	<p><b>Caring</b> I respect the needs and feelings of others and show concern for the world around me.</p>	<p><b>Social Skill</b> Developing positive interpersonal relationships and collaboration skills (using self-control, managing setbacks, supporting peers)</p>	 <p><b>Drawn Together</b>, by Minh Le</p> <p>A young boy is spending time with his grandfather. They don't speak the same language, eat the same food, or like the same TV. When the boy pulls out his markers and paper and begins drawing, his grandpa disappears and returns with a sketch book and a paintbrush. Their styles are drastically different, but the themes are the same. With very few words, this beautiful story unfolds.</p>



# Connecting SEL & IB in the Mays Cluster

## 2022 - 2023 SEL Book of the Month Initiative

	SEL COMPETENCY	THEME	LEARNER PROFILE ATTRIBUTE	APPROACHES TO LEARNING SKILL	BOOK TITLE
<b>DECEMBER</b>	<p><b>Responsible decision making</b> enables students to keep in mind multiple factors—such as ethics, standards, respect, and safety concerns—when making their decisions. This competency includes students' capacity to identify problems and develop appropriate solutions to those problems, whether they are social or academic problems.</p>	<p><b>Inclusion</b> (We identify ways to include all individuals and recognize the multiple perspectives that come with learning and physical differences)</p>	<p><b>Open-minded</b> I listen to others' perspectives and respectfully consider different points of view.</p>	<p><b>Communication Skills</b> Exchanging-information skills (listening, interpreting, speaking)</p>	 <p><b>Family is a Family is a Family</b>, by Sara O'Leary</p> <p>When a teacher asks the children in her class to think about what makes their families special, the answers are all different in many ways — but the same in the one way that matters most of all. One is raised by a grandmother, and another has two dads. One is full of stepsiblings, and another has a new baby. As one by one, her classmates describe who they live with and who loves them — family of every shape, size and every kind of relation — the child realizes that as long as her family is full of caring people, her family is special.</p>
<b>JANUARY</b>	<p><b>Self-management</b> skills allow individuals to handle daily stresses and control their emotions under difficult situations. Students' capacities to regulate their emotions impact student memory and the cognitive resources they use on academic tasks. Self-management skills include the ability to monitor and reflect on personal and academic goal-setting, students use to master material.</p>	<p><b>Courage</b> (We analyze the courage it takes to overcome adversity, take risks, and advocate for one's self)</p>	<p><b>Courageous</b> I step out of my comfort zone to try new things and I am not afraid to make mistakes.</p>	<p><b>Self-Management</b> States of mind (mindfulness, perseverance, emotional management, self-motivation, resilience).</p>	 <p><b>Peaceful Fights for Equal Rights</b>, by Rob Sanders</p> <p>Protesting. Standing up for what's right. Uniting around the common good—kids have questions about all of these things they see and hear about each day. Through sparse and lyrical writing, Rob Sanders introduces abstract concepts like “fighting for what you believe in” and turns them into something actionable. Jared Schorr's bold, bright illustrations brings the resistance to life making it clear that one person can make a difference. And together, we can accomplish anything.</p>



# Connecting SEL & IB in the Mays Cluster

## 2022 - 2023 SEL Book of the Month Initiative

	SEL COMPETENCY	THEME	LEARNER PROFILE ATTRIBUTE	APPROACHES TO LEARNING SKILL	BOOK TITLE
<b>FEBRUARY</b>	<p><b>Responsible decision-making</b> enables students to keep in mind multiple factors—such as ethics, standards, respect, and safety concerns—when making their decisions. This competency includes students' capacity to identify problems and develop appropriate solutions to those problems, whether they are social or academic problems.</p>	<p><b>Problem-Solving</b> (We explore skills related to problem-solving and how those skills are developed to support learning, positive relationships and self-efficacy)</p>	<p><b>Inquirers</b> I show curiosity by seeking information to develop questioning skills and build knowledge.</p>	<p><b>Thinking Skills</b> Creative-thinking skills (generating novel ideas and considering new perspectives)</p>	 <p><b>The Year We Learned to Fly,</b> by Jacqueline Woodson</p> <p>On a dreary, stuck-inside kind of day, a brother and sister heed their grandmother's advice: "Use those beautiful and brilliant minds of yours. Lift your arms, close your eyes, take a deep breath, and believe in a thing. Somebody somewhere at some point was just as bored as you are now." And before they know it, their imaginations lift them up and out of their boredom. Then, on a day full of quarrels, it's time for a trip outside their minds again, and they are able to leave their anger behind. This precious skill, their grandmother tells them, harkens back to the days long before they were born, when their ancestors showed the world the strength and resilience of their beautiful and brilliant minds.</p>
<b>MARCH</b>	<p><b>Self-management</b> skills allow individuals to handle daily stresses and control their emotions under difficult situations. Students' capacities to regulate their emotions impact student memory and the cognitive resources they use on academic tasks. Self-management skills include the ability to monitor and reflect on personal and academic goal-setting. Academic self-regulation has important implications for student motivation in the classroom, as well as the learning strategies students use to master material.</p>	<p><b>Perseverance</b> (We set and achieve realistic goals, both immediate and long term, by maintaining our focus and using a growth mindset)</p>	<p><b>Balanced</b> I create a healthy lifestyle through balancing academic, social, emotional, and physical choices.</p>	<p><b>Self-Management Skills</b> Organization skills (managing time and tasks effectively)</p>	 <p><b>Drum Dream Girl,</b> by Margarita Engle</p> <p>Girls cannot be drummers. Long ago on an island filled with music, no one questioned that rule—until the drum dream girl. In her city of drumbeats, she dreamed of pounding tall congas and tapping small bongós. She had to keep quiet. She had to practice in secret. But when at last her dream-bright music was heard, everyone sang and danced and decided that both girls and boys should be free to drum and dream.</p>

# Connecting SEL & IB in the Mays Cluster

## 2022 - 2023 SEL Book of the Month Initiative

	SEL COMPETENCY	THEME	LEARNER PROFILE ATTRIBUTE	APPROACHES TO LEARNING SKILL	BOOK TITLE
<b>APRIL</b>	<p><b>Self-awareness</b> is the ability to recognize one's own feelings, interests, and strengths, in addition to maintaining an accurate level of self-efficacy. Students who are self-aware are capable of describing and understanding their own emotions. In addition, they are capable of recognizing their own strengths and weaknesses. Students' beliefs about their own strengths and weaknesses influence the academic choices they make, how long they will persist on tasks and whether or not they will ask for help on academic tasks.</p>	<p><b>Growth-Mindset</b> (We recognize that we can achieve anything with effort and support. Learning capability is limitless)</p>	<p><b>Reflective</b> I use experiences to consider my choices, take action, help me grow, and improve the world around me.</p>	<p><b>Social Skill</b> Developing positive interpersonal relationships and collaboration skills (using self-control, managing setbacks, supporting peers)</p>	 <p><b>Ten Beautiful Things,</b> Molly Griffin</p> <p><i>Ten Beautiful Things</i> leaves the exact cause of Lily's move ambiguous, making it perfect for anyone helping a child navigate change, whether it be the loss of a parent, entering or leaving a foster home, or moving. Lily and her grandmother search for ten beautiful things as they take a long car ride to Iowa and Lily's new home with Gran. At first, Lily sees nothing beautiful in the April slush and cloudy sky. Soon though, Lily can see beauty in unexpected places. A furious rainstorm mirrors Lily's anxiety, but as it clears Lily discovers the tenth beautiful thing: Lily and Gran and their love for each other.</p>
<b>MAY</b>	<p><b>Relationship Skills</b> Allows students to develop and maintain healthy relationships with others, including the ability to resist negative social pressures, resolve interpersonal conflict, and seek help when needed. Students need to be able to work well with their classmates in order to participate in collaborative groups.</p>	<p><b>Collaboration</b> (We commit to working with others to make our community and the world better)</p>	<p><b>Principled</b> I am honest, fair, responsible, and I complete my assignments.</p>	<p><b>Research Skills</b> Information-literacy skills (formulating and planning, data gathering and recording, synthesizing and interpreting, evaluating and communicating)</p>	 <p><b>Water Protectors,</b> by Carole Lindstrom</p> <p><i>We Are Water Protectors</i> issues an urgent rallying cry to safeguard the Earth's water from harm and corruption. Water is the first medicine. It affects and connects us all. When a black snake threatens to destroy the Earth and poison her people's water, one young water protector takes a stand to defend Earth's most sacred resource.</p>