
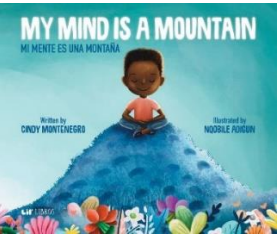
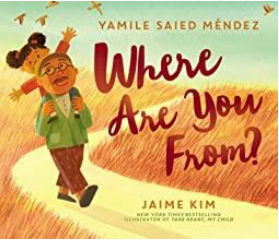
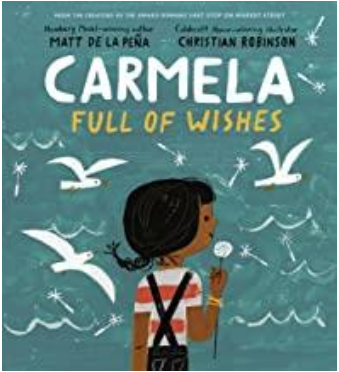
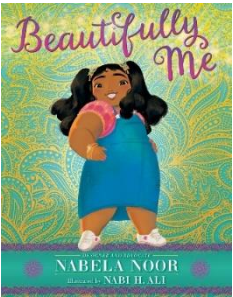
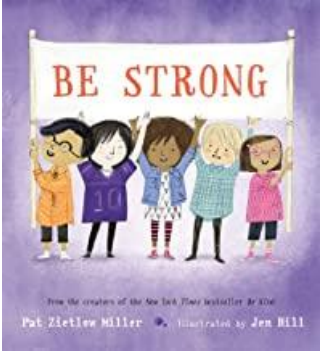
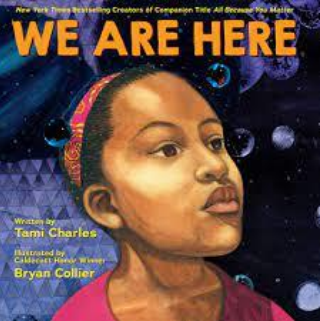



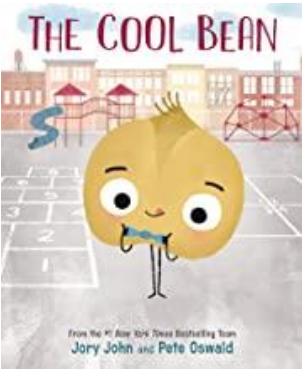



2023-2024

MONTH	SEL COMPETENCY	IB Learner Profile	THEME	BOOK SUMMARY
<p>August</p> 	<p>Relationship Skills allows students to develop and maintain healthy relationships with others, including the ability to resist negative social pressures, resolve interpersonal conflict, and seek help when needed. Students need to be able to work well with their classmates in order to participate in collaborative groups.</p>	<p>Principled</p>	<p>Welcome to the School Community (We recognize the value of our home communities, while making a daily contribution to our school community through acts of kindness.)</p>	<p>My First Day <i>By Phung Nguyen Quang & Huynh Kim Lien</i> This is no ordinary first journey. The rainy season has come to the Mekong Delta, and An, a young Vietnamese boy, sets out alone in a wooden boat wearing a little backpack and armed only with a single oar. On the way, he is confronted by giant crested waves, heavy rainfall and eerie forests where fear takes hold of him. Although daunted by the dark unknown, An realizes that he is not alone and continues to paddle. He knows it will all be worth it when he reaches his destination--one familiar to children all over the world.</p>
<p>September</p> 	<p>Self-awareness is the ability to recognize one's own feelings, interests, and strengths, in addition to maintaining an accurate level of self-efficacy. Students who are self-aware can describe and understand their own emotions. In addition, they are capable of recognizing their own strengths and weaknesses. Students' beliefs about their own strengths and weaknesses influence the academic choices they make, how long they will persist on tasks and whether or not they will ask for help on academic tasks.</p>	<p>Balanced</p>	<p>Individuality and Positive Self-Concept (We are aware of the importance of each unique identity and the strengths we all bring as individuals)</p>	<p>My Mind is a Mountain <i>By Cindy Montenegro, Noqobile Adigun</i> My mind is a mountain, powerful and strong! <i>My Mind is a Mountain</i> is a metaphor for the heights a mind can reach in powerfully handling all emotions from the lowest of the lows to the highest of the highs – and everything in between. <i>My Mind is a Mountain</i> takes children to new heights and enlightens them on being aware of their spectrum of emotions.</p>

<p>October</p> 	<p>Social awareness allows individuals to take others' perspectives into account and to empathize with others. Socially aware students are more likely to recognize and appreciate the similarities and differences of others. Social awareness is particularly important for students as they participate in new instructional shifts. Students need to take the perspectives of their classmates during classroom discussions and attempt to empathize and relate with characters during analysis of texts.</p>	<p>Communicator</p>	<p>Diversity and Acceptance (We show appreciation for diverse perspectives and experiences)</p>	<p>Where are You From? <i>By Yamile Saied Mendez and Jaime Kim</i> When a girl is asked where she's from—where she's <i>really</i> from—none of her answers seems to be the right one. Unsure about how to reply, she turns to her loving abuelo for help. He doesn't give her the response she expects. She gets an even better one. With themes of self-acceptance, identity, and home, this powerful, lyrical picture book will resonate with readers young and old, from all backgrounds and of all colors—especially anyone who ever felt that they don't belong.</p>
<p>November</p> 	<p>Social awareness allows individuals to take others' perspectives into account and to empathize with others. Socially aware students are more likely to recognize and appreciate the similarities and differences of others. Social awareness is particularly important for students as they participate in new instructional shifts. Students need to take the perspectives of their classmates during classroom discussions and attempt to empathize and relate with characters during analysis of texts.</p>	<p>Inquirer</p>	<p>Empathy (We appreciate the value of kindness in building and maintaining a positive learning community)</p>	<p>Carmela Full of Wishes <i>By Matt De La Pena and Christian Robinson</i> When Carmela wakes up on her birthday, her wish has already come true--she's finally old enough to join her big brother as he does the family errands. Together, they travel through their neighborhood, past the crowded bus stop, the fenced-off repair shop, and the panadería, until they arrive at the Laundromat, where Carmela finds a lone dandelion growing in the pavement. But before she can blow its white fluff away, her brother tells her she has to make a wish. If only she can think of just the right wish to make . . .</p>
<p>December</p> 	<p>Responsible decision making enables students to keep in mind multiple factors—such as ethics, standards, respect, and safety concerns—when making their decisions. This competency includes students' capacity to identify problems and develop appropriate solutions to those problems, whether they are social or academic problems.</p>	<p>Open-Minded</p>	<p>Inclusion (We identify ways to include all individuals and recognize the multiple perspectives that come with learning and physical differences)</p>	<p>Beautifully Me <i>By Nabela Noor and Nabi H. Ali</i> Meet Zubi: a joyful Bangladeshi girl excited about her first day of school. But when Zubi sees her mother frowning in the mirror and talking about being “too big,” she starts to worry about her own body and how she looks. As her day goes on, she hears more and more people being critical of each other's and their own bodies, until her outburst over dinner leads her family to see what they've been doing wrong—and to help Zubi see that we can all make the world a more beautiful place by being beautifully ourselves.</p>

<p style="text-align: center;">January</p> 	<p>Self-management skills allow individuals to handle daily stresses and control their emotions under difficult situations. Students' capacities to regulate their emotions impact student memory and the cognitive resources they use on academic tasks. Self-management skills include the ability to monitor and reflect on personal and academic goal-setting. Academic self-regulation has important implications for student motivation in the classroom, as well as the learning strategies students use to master material.</p>	<p style="text-align: center;">Risk-Taker</p>	<p style="text-align: center;">Courage (We analyze the courage it takes to overcome adversity, take risks, and advocate for one's self)</p>	<p style="text-align: center;">Be Strong <i>By Pat Zietlow Miller and Jen Hill</i> When her gym class must face the school rock-climbing wall, Tanisha is discouraged. Her muscles are weak, and she knows she'll never reach the top like Cayla.</p> <p>But maybe strength is about more than just muscles.</p> <p>With help from her family, Tanisha learns that by showing up, speaking up, and not giving up, she can be strong, too. And that people are the strongest when they work together and trust each other.</p>
<p style="text-align: center;">February</p> 	<p>Responsible decision making enables students to keep in mind multiple factors—such as ethics, standards, respect, and safety concerns—when making their decisions. This competency includes students' capacity to identify problems and develop appropriate solutions to those problems, whether they are social or academic problems.</p>	<p style="text-align: center;">Thinker</p>	<p style="text-align: center;">Problem-Solving (We explore skills related to problem-solving and how those skills are developed to support learning, positive relationships and self-efficacy)</p>	<p style="text-align: center;">We are Here <i>By Tami Charles and Bryan Collier</i> Lyrical, affirmational, and bursting with love, <i>We Are Here</i> is a poignant story about Black and brown heritage and community. Full of assurance, tenderness, and triumph, this much-anticipated follow-up to the <i>New York Times</i> bestselling picture book <i>All Because You Matter</i> offers an equally inspirational and arresting ode to all of the Black women and men throughout history who have made momentous contributions from the beginning of time.</p> <p>Tami Charles shares the beauty and excellence in the history of the Black community, assuring Black and brown children of the extraordinary legacy from which they come.</p>
<p style="text-align: center;">March</p> 	<p>Self-management skills allow individuals to handle daily stresses and control their emotions under difficult situations. Students' capacities to regulate their emotions impact student memory and the cognitive resources they use on academic tasks. Self-management skills include the ability to monitor and reflect on personal and academic goal-</p>	<p style="text-align: center;">Reflective</p>	<p style="text-align: center;">Perseverance (We set and achieve realistic goals, both immediate and long term, by maintaining our focus and using a growth mindset)</p>	<p style="text-align: center;">The Magical Yet <i>By Angela DiTerlizzi and Lorena Alvares</i> Each of us, from the day we're born, is accompanied by a special companion—the Yet. Can't tie your shoes? Yet! Can't ride a bike? Yet! Can't play the bassoon? Don't worry, Yet is there to help you out. <i>The Magical Yet</i> is the perfect tool for parents and educators to turn a negative into a positive when helping children cope with the inevitable difficult learning moments we all face. Whether a child</p>

	<p>setting. Academic self-regulation has important implications for student motivation in the classroom, as well as the learning strategies students use to master material.</p>			<p>or an adult, this encouraging and uplifting book reminds us that we all have things we haven't learned...yet!</p>
<p>April</p> 	<p>Self-awareness is the ability to recognize one's own feelings, interests, and strengths, in addition to maintaining an accurate level of self-efficacy. Students who are self-aware are capable of describing and understanding their own emotions. In addition, they are capable of recognizing their own strengths and weaknesses. Students' beliefs about their own strengths and weaknesses influence the academic choices they make, how long they will persist on tasks and whether or not they will ask for help on academic tasks.</p>	<p>Caring</p>	<p>Growth-Mindset (We recognize that we can achieve anything with effort and support. Learning capability is limitless)</p>	<p>The Cool Bean <i>By Jory John and Pete Oswald</i> Everyone knows the cool beans. They're soooooo cool. And then there's the uncool <i>has-bean</i> . . . Always on the sidelines, one bean unsuccessfully tries everything he can to fit in with the crowd—until one day the cool beans show him how it's done.</p>
<p>May</p> 	<p>Relationship Skills allows students to develop and maintain healthy relationships with others, including the ability to resist negative social pressures, resolve interpersonal conflict, and seek help when needed. Students need to be able to work well with their classmates in order to participate in collaborative groups.</p>	<p>Knowledgeable</p>	<p>Collaboration (We commit to working with others to make our community and the world better)</p>	<p>Digging for words <i>By Angela Burke Kunkel, Paola Escobar</i> In the city of Bogota, in the barrio of La Nueva Gloria, there live two Josés. One is a boy who dreams of Saturdays-- that's the day he gets to visit Paradise, the library. The second José is a garbage collector. From dusk until dawn, he scans the sidewalks as he drives, squinting in the dim light, searching household trash for hidden treasure . . . books! Some are stacked in neat piles, as if waiting for José. Others take a bit more digging. Ever since he found his first book, <i>Anna Karenina</i>, years earlier, he's been collecting books--thick ones and thin ones, worn ones and almost new ones-- to add to the collection in his home. And on Saturdays, kids like little José run to the steps of Paradise to discover a world filled with books and wonder.</p>