

Atlanta Public Schools EAP Participant Services

1(800) 799-8172



CIGNA Behavioral Health

EAP Services	Work/Life Services					
	Family Care	Personal Services	Mind and Body	Career and Benefits	ResourceNet	
<ul style="list-style-type: none"> Barrier free telephonic access Telephonic triage for emergent, urgent or routine referrals Telephonic consultation Face to face sessions: 1-5 24-hour crisis intervention 14-21 day follow-up care by CIGNA Behavioral Health staff after the referral is made Integrated behavioral and EAP network Community resources 	<p>Adult Care</p> <ul style="list-style-type: none"> Nursing home/ long term care facilities Senior housing: Independent and assisted living residential Care facilities Home care agencies Adult day care Retirement communities Senior centers Support groups <p>Pet Care</p> <ul style="list-style-type: none"> Pet sitters Veterinary services Pet boarding Pet grooming Pet obedience Animal welfare Pet insurance 	<p>Child Care/ Summer Care</p> <ul style="list-style-type: none"> Child care centers Family day care homes Nanny/au pair agencies In-home agencies Preschool/ nursery schools Before and after school care Residential camps Day camps <p>Prenatal Care</p> <ul style="list-style-type: none"> Prenatal classes Hospitals <p>Adoption</p> <ul style="list-style-type: none"> International adoptions and agencies Domestic adoptions and agencies State specialists 	<p>Legal</p> <ul style="list-style-type: none"> 30 minute free consultation 25% discount on usual fees Referrals to local providers Coverage for most legal issues including: <i>civil, personal/family, credit, elder law, business, real estate, IRS, and estate planning</i> <p>Financial Information</p> <ul style="list-style-type: none"> Spending habits Budgeting strategies Managing credit Debt management Debt consolidation Financial planning information 	<p>Healthy Rewards</p> <ul style="list-style-type: none"> Access to telephonic and online information service Access to a discounted network of specialty health providers Access to discounts on products Free shipping on products Online access via ResourceNet Topics include: <i>Massage Therapy, Chiropractic Care, Vitamin and Herbal Supplements, Acupuncture, Vision Care, Lasik Eye Surgery, Hearing Care, Non Prescription Health</i> 	<p>Life @ Work</p> <ul style="list-style-type: none"> 24/7 telephonic access Information and referral services Consultation and education services Print and web-based resources available Discount information provided when available and applicable Topics include: <i>Working With Others, Workplace Conflict, Working Overtime, Managing Up, Balancing Work and Life</i> 	<p>Quarterly Awareness Series</p> <p>Frequently Asked Questions</p> <p>Article Library</p> <p>On-line Access & Referral</p> <ul style="list-style-type: none"> Initial registration Online eligibility check Provider directory and search vehicle Online self-assessment tool <p>Healthy Rewards Online</p>