



## Mays Cluster School Social Workers

### Garrick White

gawhite@atlanta.k12.ga.us  
Schools: Mays High School, Beecher Hills, West Manor Elementary

### Jill Lahmann

Jill.Lahmann2@atlanta.k12.ga.us  
Schools: Young Middle School

### Kayvon Sledge

kasledge@atlanta.k12.ga.us  
Schools: Miles Elementary & Peyton Forest Elementary

### Quarma Cook

qcook@atlanta.k12.ga.us  
Schools: Cascade Elementary

### Virtual Office Hours

Monday – Friday  
8am-4pm

School social workers will respond to messages left after regular office hours on the next school day.

### Dr. Jacquelyn Anthony

Social Work Services Coordinator  
jacquelyn.anthony@atlanta.k12.ga.us

# Atlanta Public Schools

## Virtual School Social Work Guidance



**Who We Are:** School social workers serve as a link between the home, school, and community to ensure students remain in school and graduate, reach their fullest academic potential, and grow socially and emotionally.

**What We Do:** School social workers support students' thriving in schools by removing barriers that hinder student performance. We provide services to students who face serious challenges to school success such as: mental health and behavior difficulties, access to basic necessities, abuse and loss of a loved one.

### How to Contact Your School Social Worker

- Email your school social worker (see list on this flyer)
- In your email include your full name, student ID and your concern/question.
- The school social worker will respond to you either through email or will send you a link for a virtual meeting.

### For mental health emergencies, please contact 911 or the following resources:

- Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Georgia Crisis and Access Line (GCAL): 1-800-715-4255

### Additional Resources:

- [Mays Cluster Resource Guide](#)
- [APS Coronavirus \(COVID-19\) Resources, Updates, & Alerts](#)
- [Youth Mental Health First Aid](#)

### Activities and Self-Care Resources to Support Families:

- The National Child Traumatic Stress Network
  - [Outbreak Factsheet](#)
  - [Simple Activities for children and adolescents](#)
- Free Audio Books:
  - [Audible](#)
  - [6 Places to Find Free Audio Books for Kids](#)
- Physical Fitness:
  - [Gold's Gym- Free access to App until May 31st](#)
  - Planet Fitness- Daily free workout at 7:00pm EST on Facebook
  - [Peloton App at home free for 90 days](#) (Yoga & Meditation Included)
- [Free college classes](#)