

WEEK OF NOVEMBER 14-18, 2022



## **MESSAGE FROM OUR PRINCIPALS**

Families,

Happy last week before our Thanksgiving Break! As we wrap up this week, I am feeling overwhelming gratitude for so many things from the first 15 weeks of school. Gratitude is powerful. Research shows when we practice gratitude, we feel more positive emotions, our health is improved, it helps us to deal with difficult situations better, and it helps us to build strong relationships. Below are some of the things I am feeling grateful for. For what are you grateful?!? I'd love to hear it. Send me an email, shoot me a text, or tell me outside; I want to know!

A few things I'm feeling grateful for:

good morning hugs from scholars, teachers who give their all, families who are supportive and give us feedback, patience, grace, our scholar smiles, field trips and events being back, outdoor recess, sunshine, a week off next week, a community invested in its children.

I count my blessings daily that I get to serve alongside you and each of our scholars. I thank you always for your grace, patience, and feedback. This has been the most humble honor of my life.

Happy Thanksgiving.

With love,
Ms. Stifler



Upper School
Theater Production

November 17th (5:30pm in Gymnasium)

**Meal of Thanks Luncheon** 

November 18

**Thanksgiving Break** 

November 21-25

5th-8th Field Lessons

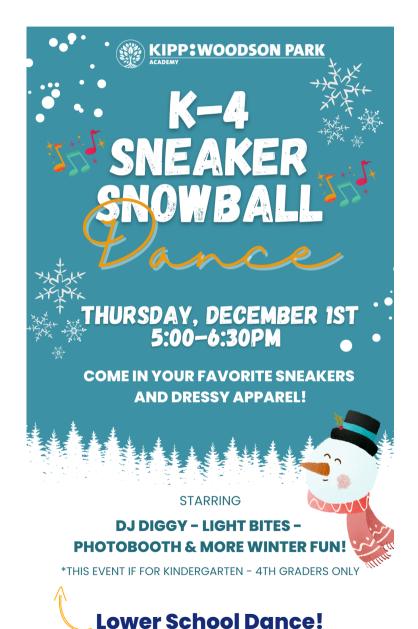
November 29th

**Progress Reports Distributed** 

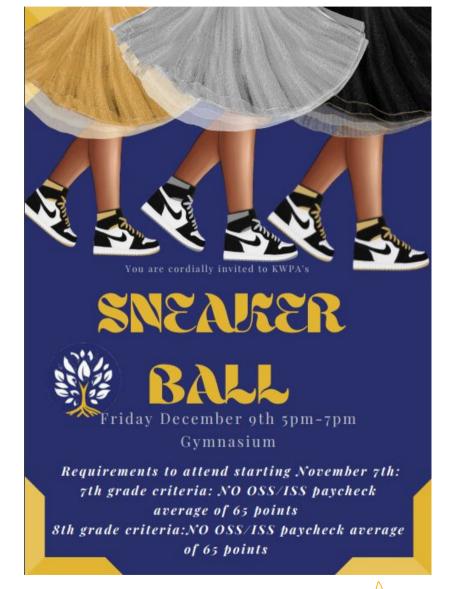
November 30th







Kindergarten-4th Grade



Upper School Dance!
5th-8th Grade