

What is the APS Student Wellness Ambassador (SWA) Program?

The SWA Program is a student leadership program that encourages peer mentoring and education in wellness by the promotion of healthy eating, regular physical fitness, and gardening activities via various advocacy communications such as morning announcements, newsletters, posters, etc. **The SWA Program is not mandatory but is offered to all schools within the Atlanta Public Schools District.**

Contact Linda Ankner, MS, RD, LD, Registered Dietician of Atlanta Public Schools, if you would like to schedule an SWA training session. **Email:** Linda.Ankner@apsk22.org

SWA Expectations:

- Keep passing grades
- Exercise teamwork
- Keep up a good disciplinary record
- Serve on their school's wellness committee
- Encourage wellness on behalf of the school and Atlanta Public Schools and use their creativity to spread the word about wellness
- Assist in the implementation of the school's Local School Wellness Plan by developing advocacy communications
- Attend the annual Student Wellness Ambassador Leadership Academy event (**Date is TBD**)

