

Royal Coronation

September 11, 3PM, Auditorium

Squad Day



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Decade Day September 13 Jersey Day September 14 ALL PINK, EVERYTHING September 15 Tacky Day September 16 BEST vs Washington High September 15, 5:30PM, Henderson Stadium Homecoming Dance



Please encourage your students to honestly log their free-choice independent reading minutes. Reading on social media does not count. Reading the newspaper, magazine or the back of a cereal box does count! Race2Read posters coming soon!

























Beginning in September, a number of CSK middle and high school students will participate in yoga and mindfulness classes taught by yoga instructor Audrey Cash.

THE BUZZ

Both yoga and mindfulness can be powerful tools for physical and mental health. Yoga blends breathing, movement, and relaxation to re-establish control and peace in the body and mind. Yoga and mindfulness both seek to calm the mind to foster a closer relationship with and awareness of oneself. By enhancing students' ability to stay engaged and lessen the negative impacts of stress, mindfulness education can help pupils stay on track academically and avoid behavioral issues. -Laurie Davis, CSKWYLA Social Worker

YOGA AND MINDFULNESS

Improves Brain

In Lower





Over time, yoga and mindfulness can have powerful benefits on mental health for children, teens, and adults.

Virtual Calming Room



congratulations. Ms. Laurie Davis

" Cultivate Self-Love Through Yoga!"

This project provides the funding needed to obtain a class set of yoga mats. "I want to bring weekly yoga sessions that will help students relieve daily anxiety and stress while cultivating selflove and self-acceptance. Yoga is a beautiful practice for individuals who suffer from low self-esteem, anxiety, and depression. It slowly allows a holistic way to heal these emotions from the inside out."

Ms. Cameron Storey " A Welcoming Environment for Joyful Learning"

This provides the funding needed to support creativity and critical thinking in the classroom. This project "covers some small needs we have within our learning space." Addressing these small needs will definitely have a huge impact on teaching and learning.

Ms. Shekevia Robinson "Calculating Math."

"Calculators serve as a supporting tool for my scholars to ensure them that they are completing the process correctly and help increase their confidence in math. It is important to me to build my scholar's confidence because I have heard too many of my scholars tell me they are not good at math or math is hard!"

Dr. Natasha Lyles

'A Different Mirror: Multicultural Education Materials"

This provides the instructional resources needed to afford students opportunities "to learn about different ethnic and cultural groups around the world."

Ms. Kristien Stanley

"Covered in Dirt."

This project provides the funding needed for students to receive "brown overalls" to wear when they engage in garden and agricultural activities.

"These overalls will allow the students to be able to connect more in their agriculture class and gain more enthusiasm for getting dirty and tending to the earth that provides so much for us. I foresee my girls dressed up in traditional farming wear and pulling the weeds and tilling the soil of our school garden and applying the knowledge that they have learned!"

You Got A Project Funded!



Patrice Sanders September 15

Charles Ball September 22

