



Preferred School Care Fall 2015 Enrichment Menu

OverTime Sports: Soccer

OT Sports is a dynamic program for boys and girls designed to develop an interest in the game and establish a solid foundation in preparation for recreational or club soccer. We are able to accomplish this by making sure the number one ingredient is present at all times: **FUNdamental!** Students will learn various elements of the game such as passing, dribbling, shooting, and ball control. The sessions are composed of exciting games such as *Terminator, Sting Ray, and World Cup*. It is our belief that soccer instills cooperation, teamwork, sportsmanship, and self-confidence, all of which are key components that transcend the playing field and positively impact the development of our children. otsports@comcast.net

Music After School: Piano

Our mission is to help students develop an artistry that will lead to technical proficiency and a life-long love of music. Whether a student grows up to be a concert pianist or simply a music enthusiast, we understand that learning to play a musical instrument nurtures a child's development, creating a well-rounded person. Students will learn to read music, basic music theory and musicianship using traditional piano methods. Students will learn performance techniques to develop their comfort in front of an audience and strengthen their stage presence. At the end of the session, the students will have the opportunity to perform for a studio recital.

www.musicafterschool.wix.com/musicafterschool

Musical Theater Class by Forefront Arts Children Theater

"Once Upon a Time": Various Fairy Tale Musicals from Around the World

Students will learn warm-ups, play theater games, receive training in acting technique, vocal skills, choreography, and theater etiquette & terminology while rehearsing selections from *"Various Fairy Tale Musicals from Around the World"*. Fun theater games and exercises will be used to promote physical and spatial awareness, teamwork, and confidence. Students will be given the opportunity to perform in the *Forefront Arts Fall Showcase* at a professional theater at the end of the semester.

www.ForefrontArts.com or call (770) 864.3316

Music After School: Strings

Come and enjoy the beauty of the strings. There are 18 benefits for learning to play a musical instrument: it teaches perseverance; betters mathematical skills; improves reading and comprehension skills; boosts listening skills; and, increases capacity of memory, to name a few. Students will learn to read notes and other music theory as they learn to play the instrument. More importantly, they will develop a sense of self-confidence as they perform before an audience at the end of the semester during a recital for parents, other relatives, and friends. Instruments will be provided. Students will attend class two times each week.

kristensorrells@gmail.com

The Fehree Performance Ballet/Tap Dance Class

The Fehree Performance Ballet/Tap dance class is the perfect after school activity for keeping your child physically active and intellectually challenged. We conveniently teach here in your learning facility and focus on dance techniques based on musicality, rhythm and memorization. This class directly correlates with the Georgia Performance Standard of Health and Physical Education by encouraging our students to "adopt healthy and physically active lifestyles" through the art of dance. Through this program, we strive to instill the love of artistic movement and physical activity. fehree@gmail.com

Kidz Tennis

This dynamic, progressive USTA youth-based tennis program is designed for boys & girls and features: Mobile tennis courts w/scaled down –age appropriate equipment; foam & low compression tennis balls; a Certified Youth Tennis Coach; and, rackets that are provided for use during the program. Coach Mike offers this USTA-based program which is recognized as the best, fastest way for children to learn the game and achieve early success and enjoyment. Children will learn balance & athletic movement, hand-eye coordination & racquet skills, tennis rules, scoring, etiquette & sportsmanship, tennis fundamentals, forehand, backhand, volleys, serve & footwork skills. You can also contact *Kidz Tennis* for more information via email:

Coach@kidztennis.com or visit www.kidztennis.com.

GOLF: - Pre-K-5 FORE!!!!

OverTime Sports Golf program is designed to instill important life skills and character building qualities that are essential for our students' development. The program provides students with beginning, intermediate, and advanced level junior golfing instruction in a no-pressure environment. Students will learn golf history, etiquette, grip, stance, posture, putting, specialty shots, and a variety of other skills. Each student will have a precise understanding of how the game is played from tee to green. Students who demonstrate aptitude and interest for the sport can advance their golf skills to the competitive level, while others can participate in the sport for fun. Please wear athletic attire. **All Equipment is Provided!**

otsports@comcast.net

Double Dutch Aerobics

Double Dutch Aerobics offers a positive outlet for children to play strategically. Students will learn pushups, mountain climbs, flips, leg lifts, splits, pop-ups, mumbles, etc. Through Double Dutch, students will develop sportsmanship, confidence, patience leadership & performance skills and most of all they will have fun, fun, fun! Tennis shoes are required. www.DoubleDutchAerobics.com



Deerwood Academy