



SPRINGDALE PARK
ELEMENTARY



Random acts of Kindness WEEK

Monday, February 10th



Peace, Love & Kindness!
**Wear your favorite
Tie-Dye shirt.**

Challenge: Write one or
two KIND statements on
the peace sign and color.

Tuesday, February 11th



Hats off to Kindness!
Wear a hat

Challenge: Write a KIND
note to someone!

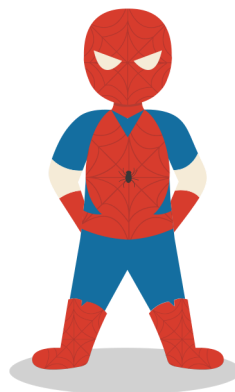
Wednesday, February 12th



**Love who you are! Wear
red and/or pink!**

Challenge: List 3 good
things about yourself!

Thursday, February 13th



Powered By Kindness!
**Dress up like your favorite
Super-Hero**

Challenge:
Offer to help someone
who is struggling or
pick up litter

Friday, February 14th



Dreaming of Kindness!
**Wear your favorite
pajamas!**

Challenge: Spend time
doing your favorite self-
care activity!

