

STOP BULLYING NOW!

TAKE A STAND.

LEND A HAND.



Instructor's Guide



This DVD contains Stop Bullying Now! Webisodes, Public Service Announcements, and Video Workshops.

These materials were created by the U.S. Department of Health and Human Services' Health Resources and Services Administration's National Bullying Prevention Campaign – "Take a Stand. Lend a Hand. Stop Bullying Now!"

We encourage you to use these materials in your schools and in your community. More information can be found at www.StopBullying.gov. Campaign materials can be ordered by calling 1-888-ASK-HRSA.

About the Webisodes

The **Stop Bullying Now!** Campaign's 12 Webisodes for youth (9-13 years) and 2 Webisodes for children (5-8 years) were designed to serve as a learning tool. The animated videos were created to depict a variety of characters who are involved in bullying. Some are bullied by their peers, while others initiate the bullying or readily join in when others bully. Still, others are involved as bystanders, observing and sometimes helping out students who are bullied.

Before you watch the Webisodes

- Talk with students about what bullying is and what it is not. Find resources at www.StopBullying.gov.
- Note that many children are involved in bullying now and then, but that bullying is a serious issue that can have harmful effects on children who are bullied—and on others in the school environment.
- Many children are not convinced that adults are committed to help stop bullying. Assure students that you and other adults at the school care. Tell them to report bullying to you so that you can help stop it.
- Remind students that everyone at the school has a role to play in helping to stop bullying—adults and students.
- Review your school's or organization's policies on bullying.



Questions for Discussion

After viewing several of the Webisodes, lead youth in a discussion about the bullying themes in the Webisodes. Some questions have more than one correct answer. *[Bracketed text indicates the instructor's answers to each response.]*

WEBISODES FOR YOUTH (9-13 YEARS)

Webisode #1

1. Why do you think K.B. didn't want to go to school?

A) It was her very first day at a new school and she probably was scared because she didn't know anybody. *[You're probably right! Have you ever been the "new kid" at school or on a team? Do you remember feeling "butterflies" in your stomach? Did someone make you feel less scared? Is there someone at school who you could help out? Are there any other good answers?]*

B) She had to wear clothes that weren't very cool and she was afraid of what the other students might think of her. *[Yup. Have you ever worried about kids making fun of clothing that you wear? Are there any other good answers?]*

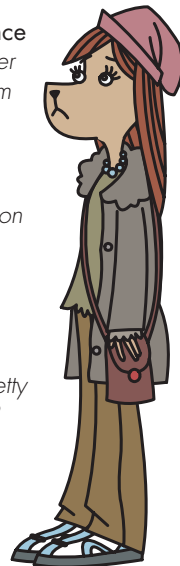
C) She hated science and wasn't looking forward to science class. *[No way! K.B. LOVED Mr. Bittner's Science Camp over the summer and she seemed really excited when she saw him again.]*

2: Why do you think Cassandra called K.B. a "freak"?

A) K.B. bumped into her. *[Maybe. That's a pretty poor reason to call someone a name, isn't it? Are there any other good answers?]*

B) Cassandra was just kidding. *[No. It didn't sound like friendly teasing. Try again.]*

C) She was making fun of K.B.'s clothes. *[Yes, that was pretty mean, wasn't it? How would you have felt if you were K.B.? Have you heard anyone call another person a mean name? What could you do to stop it?]*



3: Mr. Bittner was angry when Cassandra called K.B. a “freak”. The door closed before you could see what happened next, however. What do you think Mr. Bittner did about Cassandra’s mean comment and the class’ reaction?

A) Nothing. *[Absolutely not. Teachers want to put a stop to school bullying, too! Try another answer.]*

B) Mr. Bittner talked with Cassandra after class about her mean comment. *[Mr. Bittner certainly did! He also told Cassandra that he’d be watching to make sure she didn’t pick on K.B. again. Are there any other good answers?]*

C) Mr. Bittner told the class to stop laughing. *[Yes, he did. Mr. Bittner told them that there was nothing funny about that and to cut it out. Are there any other good answers?]*

4: How do you think K.B. could have handled Cassandra’s rude comments?

A) Talked back to Cassandra in her same, rude tone. *[Not a very good idea. First, trading one mean comment for another doesn’t solve anything. Second, she could get in trouble if she said something mean in front of an adult at school. Third, it probably would just make things worse with Cassandra.]*

B) Talked with her mom, Mr. Bittner, or another adult at school. *[K.B. could have talked to Mr. Bittner or her mom. Both of them would want to listen and help.]*

C) Nothing—It’s best to keep quiet. *[This would not have worked very well. If K.B. doesn’t talk with anyone about it, she’ll probably keep feeling bad, and Cassandra will probably keep bullying her. Are there any other good answers?]*

Webisode #2

1: How did Señorita Ortega react when Milton said he’d been picked on by some guys in school?

A) She was upset and said she’d look into it. *[Right. What else did she tell him?]*

B) She told him he just had to stick up for himself. *[No way! That wouldn’t be very helpful, would it? Try again.]*

C) She told him that nobody deserves to be bullied. *[Right. And Señorita Ortega is absolutely correct.]*

2: How many different ways was Milton bullied today at school?

A) One. He was shoved by Brick and his friends. *[Is that all? Look again.]*

B) Two. He was shoved by Brick and his friends and hit with mud. *[Any other ways?]*

C) At least three. He was shoved, hit with mud, AND teased. *[Right. And that was just today! What are some other ways that kids bully each other?]*

3: If Milton tries to keep ignoring Brick, do you think the bullying will stop?

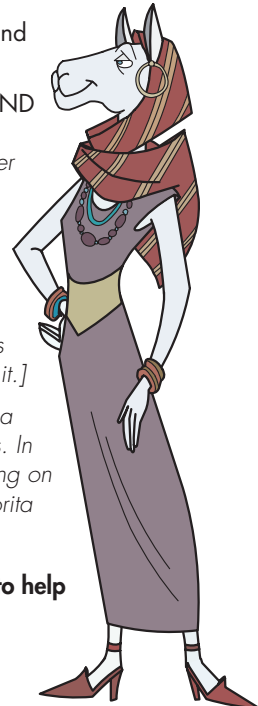
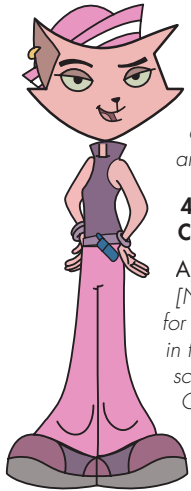
A) Probably. *[Maybe...but it’s unlikely. It looks like Milton has been bullied a long time by Brick and his friends, so it’s going to take something more to stop it.]*

B) Probably not. *[Right. Sometimes trying to ignore a bully will work, but usually the bullying just continues. In Milton’s case, it looks like the bullying has been going on a long time. He did the right thing in talking to Señorita Ortega.]*

4: What do you think Señorita Ortega should do to help Milton?

A) She should talk with Milton’s parents about the bullying. *[This is probably a good idea. How do you think Milton would feel about that? What else might she do?]*

B) She should keep encouraging Milton with his tuba playing, since that makes him happy. *[Yes. Milton seems to really like hanging out with Señorita Ortega. What else should she do?]*



C) She should talk with the principal or other teachers at school and make sure that an adult talks with Brick and his buddies about their bullying Milton. *[Yes. Often, this is the best way to stop bullying. How do you think Milton would feel about this? How could Señorita Ortega do this without making it worse for Milton? What else should Señorita Ortega do?]*

Webisode #3

1: Why do you think that Josh was surprised that Brick was so nice to him?

- A) Brick bullies a lot of kids. *[Yup, and Josh may have been bullied when he was younger.]*
- B) Josh and Brick had never been friends. *[Yes. Why else?]*
- C) He didn't think Brick knew his name. *[Maybe...but what might be a better answer?]*

2: Why do you think most kids are scared of Brick?

- A) He's pretty big and mean. *[Yes. Why else?]*
- B) He has a couple of thugs for friends. *[Right. Kids who bully often have a group of friends that tag along. Brick probably wouldn't be as scary without his group backing him up.]*

C) Because he's good at sports. *[Not really. Josh is good at sports and no one is afraid of him.]*

3: Are kids who bully always bigger than other kids?

A) Yes. *[Well...often boys who bully are bigger or stronger than other kids, but this isn't ALWAYS true. Just look at Koz (Brick and Snoog's buddy). He bullies Milton and he's much smaller than most of the other kids.]*

B) No. *[Right. Often boys who bully are bigger or stronger than other kids, but this isn't*



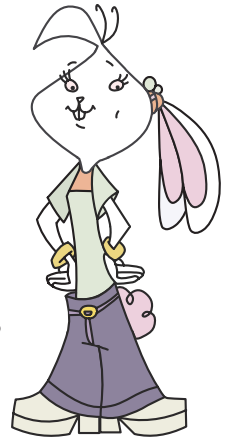
ALWAYS true. Just look at Koz (Brick and Snoog's buddy). He bullies Milton and he's much smaller than most of the other kids.]

Webisode #4

1: Why did Melanie tell Cassandra that she was talking to "nobody" when she actually was talking to Raven and Lasa?

- A) She forgot who she was talking to. *[No. Try again.]*
- B) She was afraid that Cassandra would be mad that she was talking to them. *[Right. What kind of friend do you think Cassandra is to Melanie? How do you think Melanie feels about the situation?]*

C) Melanie thought it would be fun to make fun of Lasa and Raven. *[No. It seems Melanie feels bad about insulting her friends.]*



2: What do you think Melanie should have done when Cassandra saw her talking to her friends, Lasa and Raven?

- A) Introduce Cassandra to them as "my old friends." *[Hmmm. That might hurt Lasa's and Raven's feelings. What else could she have done?]*
- B) Pretend she didn't know Cassandra. *[That would not have worked very well. What else might she have done?]*
- C) Tell Cassandra that Raven and Lasa are her friends, too. *[This seems like the best answer. How hard do you think that would be for Melanie to do? Why?]*

3: Why do you think that Bibi and Mimi had nightmares about Cassandra?

- A) They were afraid that Cassandra would kick them out of her group of friends if they dressed wrong or had a bad hair day. *[Exactly. Some friend, huh? True friends like you for who you are.]*
- B) They can't stand Cassandra. *[No. They seem to be happy to be in her group.]*
- C) Maybe they ate pizza right before they went to sleep. *[That's unlikely. Try again.]*

Webisode #5

1: Why did K.B. tell her mother that her day at school was “just great”?

- A) She didn't want her mom to worry about her. *[Right.]*
- B) It was a great day, because she was excited to see Mr. Bittner. *[No...but seeing Mr. Bittner may have been the one good thing in her day!]*
- C) She probably thought her mom would get mad if she said she had a bad day. *[No. Her mom probably would be upset and concerned. She definitely wouldn't be mad at K.B.]*

2: If you were K.B., what would have been the worst part of your day?

- A) When Cassandra dissed her in front of the science class. *[That was pretty bad—especially since the whole class laughed at her.]*
- B) When Cassandra and her friends wouldn't make room for her at the lunch table. *[That must have been really hard on K.B. Has this ever happened to you or anyone you know?]*
- C) When Cassandra pulled the ketchup joke on K.B. and everyone laughed at her. *[She looked really embarrassed, didn't she?]*
- D) When she found the “teacher's pet” sign on her locker. *[Yeah. Especially since this was at the end of a long day of being bullied.]*
- E) It's hard to say...It was all pretty horrible. *[Right!]*

3: Did Melanie bully K.B.?

- A) Yes. *[Although she wasn't as mean as Cassandra, Bibi, or Mimi, she did join in some of the bullying. For example, she helped to make sure that K.B. didn't sit with them at the lunch table, and she laughed at K.B. when she found the “teacher's pet” sign on the locker. On the other hand, she did look kind of upset when K.B. sat on the ketchup packet. What could Melanie have done to make sure she helped and didn't hurt K.B.?)]*
- B) No. *[Although she did look kind of upset about K.B. sitting on the ketchup packets, Melanie did join in some of the bullying. For example,*

she helped to make sure that K.B. didn't sit with them at the lunch table, and she laughed at K.B. when she found the “teacher's pet” sign on the locker. What could Melanie have done to make sure she helped and didn't hurt K.B.?)]

Webisode #6

1: If you were Josh and watched a group of kids stomp on someone's lunch, what could you do to help?

- A) Not much. I'd be out-numbered. *[You might be out-numbered. But the other students at school probably don't really like how Brick acts, so you might have some other students who could help you out.]*
- B) I could throw food at Brick. Maybe other kids would join in. *[NOT a good idea. Then you'd just get in trouble for starting a food fight!]*
- C) I could tell Brick to cut it out. *[Good, although that might be kind of hard. What would you say to Brick?]*
- D) Raven and I could tell some others about what we saw happening. *[That's probably a good idea. Who would you tell? Other students? Adults at school?]*

2: What about after Brick and the gang leave? What could Josh and Raven do to help Milton?

- A) They could help him clean up his squashed lunch. *[Good idea. What else could they do?]*
- B) They could ask Milton to sit with them. *[Yeah. What do you think Milton would say if he was invited to eat lunch with them? What else could they do?]*
- C) They could tell Milton that they don't think it's right that he's being picked on. *[Uh-huh. If you were Milton, would that make you feel better? What else could they do?]*
- D) They could tell an adult. *[Yup. That is a very good idea.]*



Webisode #7

1: Cassandra was up to no good on the soccer field. What two mean things did she do to her teammate, K.B.?

- A) She stole the ball away from K.B. just as K.B. was about to kick it. *[Yup. What else did she do?]*
- B) She tripped K.B. and sent her flying into the mud. *[Right. Really nice, huh? What else did Cassandra do to K.B.?]*
- C) She stole K.B.'s lucky socks. *[No, but she may get around to doing that tomorrow!]*

2: Besides K.B., who do you think was feeling pretty bad at the end of soccer tryouts?

- A) Coach Cruncher—he's worried that he'll have a bad team this year. *[Hmmm. No. Try again.]*
- B) Mimi—she's probably still worried about the stain on her shirt. *[Maybe...but try another answer.]*
- C) Melanie—she wasn't thrilled about Cassandra picking on K.B. *[Right. How could you tell?]*

3: Let's say K.B. decided to talk with Coach Cruncher after the game about Cassandra's behavior. What do you think she should say?

- A) "Coach, Cassandra is a real jerk. You just can't let her on the team." *[Coach would not be very happy to hear K.B. call Cassandra a "jerk." Besides, she needs to tell Coach exactly what happened. Try again.]*
- B) "Coach, I don't think you saw what happened today, but Cassandra seems to be out to get me. She stole the ball from me and tripped me on purpose." *[Sounds good. How do you think Coach Cruncher would respond?]*



C) "Coach, if you tell me one more time to 'be a team player,' I think I'll scream!" *[K.B. may be feeling this way, but she should probably keep those thoughts to herself. It might make Coach a bit steamed. Besides, she didn't say anything about how Cassandra acted during tryouts. Try again.]*

Webisode #8

1: Why weren't Lasa and Raven very friendly to Melanie in the store?

- A) Because Melanie hadn't been very nice to them the other day at school. *[Right. Remember? In Webisode 4, when Cassandra asked Mel who she was talking to, Mel answered, "Nobody." Is there another good answer?]*
- B) Because Melanie dropped them for another group of friends. *[Yup. Has that ever happened to you? Why else do you think Lasa and Raven weren't friendly to Mel?]*

C) They're jealous because she's friends with Cassandra, Mimi, and Bibi, and they want to be in the "in" crowd too. *[No. They don't seem to like Cassandra and her group very much. Try again.]*

2: What happens to make K.B.'s mom finally realize why K.B. is feeling upset about school?

- A) K.B. probably told her about being bullied. *[No. K.B. hadn't said anything about the bullying to her mother yet. Why don't you think she told her mom? Should she have? What might be a better answer?]*
- B) She actually saw K.B. being picked on by Cassandra and the other girls. *[Right. And what did she remember when she saw K.B. being bullied?]*
- C) She remembered how it felt to be bullied when she was a girl. *[Yes. What made her think about that? Have you ever thought that lots of adults you know might have been bullied when they were kids?]*





3: Now that K.B.'s mom knows that her daughter is being bullied by some girls at school, what do you think is the first thing that she'll do?

- A) She'll probably go report what she saw to the principal. *[She might talk with the principal at some point... that's probably not the first thing she'd do. Try another answer.]*
- B) She'll probably get out of the car and yell at Cassandra and the other girls. *[Hmm. She might feel like yelling at them, but I don't think she'd actually do that. She'd probably realize that yelling at Cassandra might just make things worse for K.B. What else might she do?]*
- C) When K.B. gets home from school, she'll probably talk with K.B. about what she saw. *[That's a good idea. What do you think she'll say?]*

Webisode #9

1: Why is Milton upset when his parents ask him if he's going to practice his tuba before dinner?

- A) He's in a really bad mood because he was bullied all day at school by Brick and his gang. *[Right. Bullying makes people feel pretty bad.]*
- B) His parents are always nagging him about practicing the tuba. *[They don't seem the nagging types. Try another answer.]*
- C) He's hungry and wants to eat now! *[I doubt it. Try another answer.]*
- 2: Why do you think Milton doesn't tell his parents the real reason he is so upset?**
- A) He probably thinks they wouldn't understand. *[You may be right. Do you think they'd understand? Why else might Milton not want to tell his parents?]*
- B) He's probably embarrassed about getting bullied at school. *[Yes, he probably is embarrassed, although it's really not his fault, is it? Lots of kids get bullied. Why else?]*

C) He's afraid his dad will just tell him to "toughen up." *[Maybe, but his dad would probably be more understanding than that. What else might be a good answer?]*

D) He's probably afraid that if he tells his parents, they'll want to tell his teachers at school—and he thinks that might make things even worse. *[You may be right. But it might not be such a bad idea if they did talk with his teachers. Adults at school can really make a difference in stopping bullying. Why else might Milton not want to tell his parents?]*

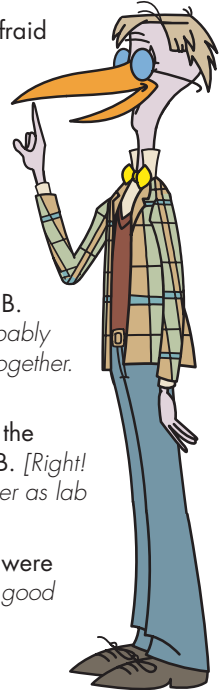
3: Egg and Drizzy used to pick on Josh. So why are they nice to him, all of a sudden?

- A) They're all going to be on the same track team. *[True. Why else?]*
- B) Thor was the leader. Without him around, Egg and Drizzy don't feel pressure to pick on Josh. *[Probably. Lots of kids will join in bullying if another kid starts it. Not a very cool way to act...but it looks like Egg and Drizzy want to make up for their sorry behavior.]*
- C) Josh grew a lot over the summer. Maybe they're afraid he'd beat them up. *[No. Try again.]*

Webisode #10

1: Why did Mr. Bittner think it would be a good idea to pair Melanie and K.B. as lab partners?

- A) He saw that Melanie felt bad about her "D" and Cassandra's insulting comment. Maybe he thought K.B. would help Melanie do better in class. *[Right. He probably also thought they might become friends if they worked together. What is another good answer?]*
- B) Earlier that day, he saw K.B. teased by the girls in the hallway and thought Melanie might be a friend to K.B. *[Right! What might be another good reason to put them together as lab partners?]*
- C) He had no reason. It was just by chance that they were put together. *[No. Mr. Bittner seems to have had some good reasons. Try again.]*



2: Why do you think Melanie goes back into the lab after class is over?

- A) She forgot her book. *[She did leave her book in the lab. Do you think she might have done that on purpose? What's another good answer?]*
- B) She wanted to get away from Cassandra. *[Maybe. Lots of people would have wanted to get away from Cassandra...but I'm not sure this is the best answer.]*
- C) She felt bad about leaving so quickly, without saying "bye" to K.B. *[Right. She wanted to go back to talk with K.B.]*

3. If K.B. and Melanie do become friends, do you think that would help protect K.B. from getting bullied by Cassandra, Mimi, and Bibi?

- A) No. *[Sometimes, just having one good friend can make a huge difference. Kids who have close friends are not as likely to get picked on. It also probably would make K.B. feel much less lonely if she had a good friend at school. Do you know any kids at school who could use a friend? Could you be that friend?]*
- B) Yes. *[Sometimes, just having one good friend can make a huge difference. Kids who have close friends are not as likely to get picked on. It also probably would make K.B. feel much less lonely if she had a good friend at school. Do you know any kids at school who could use a friend? Could you be that friend?]*

Webisode #1 1:

1: Why did Josh ask if he could sit with Milton at lunch?

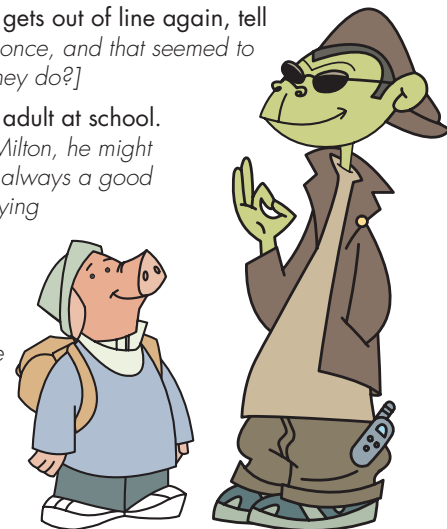
- A) He couldn't find anywhere else to sit. *[Probably not. Try again.]*
- B) He wanted to learn to play the tuba and thought he could hit up Milton for free lessons. *[No. Try again.]*
- C) He thought Milton could use a friend. *[Right. He had seen Brick bullying Milton and probably thought he could help Milton out.]*

2: Brick left in a kind of hurry. Why?

- A) He was mad that Milton didn't seem upset about the chocolate pudding in his mac and cheese. *[Yup. That's probably part of the reason. Kids often bully others because they get a kick out of getting them to react. Brick was probably hoping for a much different reaction from Milton. How do you think Brick expected Milton to react? Why else might Brick have been upset?]*
- B) He was upset that Josh, Raven, and the other kids at the table stood up to him. *[Right. He probably wasn't used to that at all. Why else might he have been upset?]*
- C) His buddies, Koz and Snoog, laughed at Milton's joke. *[Yeah. Kids who bully usually depend on their buddies for support. Maybe Brick felt like he was losing some of his power over Koz and Snoog. Do you think Brick would be so tough if Koz and Snoog weren't there to back him up? Why else might Brick have been upset?]*

3: What could Josh, Raven, and the other kids do to help make sure that Brick doesn't pick on Milton or other kids anymore?

- A) Keep hanging out with Milton. *[Probably a good idea. There's safety in numbers. Brick probably won't pick on Milton as long as Milton is with new friends like Josh and Raven. What's another good answer?]*
- B) Keep an eye on Brick and if he gets out of line again, tell him to cut it out. *[Right. They did it once, and that seemed to work pretty well. What else could they do?]*
- C) Talk with Mr. Bittner or another adult at school. *[Yes. Even if Brick quits picking on Milton, he might find another student to bully. So, it's always a good idea to talk with an adult about bullying that you know about. They're in a better position to make sure that Brick shapes up. Does your school have a rule that kids should report bullying? If your school doesn't have a rule like that, talk to your teacher or principal. Maybe it should.]*



Webisode #12

1: Why do you think Melanie decided to block the ball and save K.B. from getting smashed in the face?

A) She wanted to show off her skills at “heading” the soccer ball. *[That was a pretty impressive play...but she probably wasn't out to impress anyone. Try again.]*

B) She thought her “teamwork” would impress Coach Cruncher. *[Maybe. But there's a better answer.]*

C) She was sick of Cassandra picking on K.B. *[Right. She'd finally “had it” with Cassandra and decided to do something to help.]*

2: Why was Melanie booted out of Cassandra's group?

A) Cassandra probably thought Mel wasn't a loyal friend. *[Yes... Why do you think Cassandra felt that Mel wasn't being loyal? Check out the other answers.]*

B) Melanie picked K.B., not Cassandra, to be on her team. *[Right. This was probably the last straw for Cassandra. Do you think that took courage for Mel to do that? Why else might Mel have been kicked out of Cassandra's group?]*

C) Melanie messed up Cassandra's plan to smash K.B. in the face with the soccer ball. *[Yup. Pretty impressive defense, huh? Why else do you think Cassandra might have kicked Melanie out of her group?]*

3: If Cassandra bullies K.B. again, what should she do?

A) Talk with her mom. *[Yes. Her mom seems easy to talk to and would really want to help. What else could she do?]*

B) Talk with Mr. Bittner, Coach Cruncher, or another adult at school. *[Right. K.B. should talk with a trusted adult. What else could she do?]*

C) Tell Cassandra to cut it out. *[Sometimes standing up to a bully can help. This can be really hard to do, so it's OK if K.B. doesn't feel up to it. It might help if she and some of her friends—Melanie, Raven, and Lasa—stood up to Cassandra together. What else could K.B. do?]*

D) She and Melanie should gang up on Cassandra to get even. *[NOT a good idea! That would just make things worse. Besides, do you know how much trouble they could get in? Try another answer.]*

WEBISODES FOR CHILDREN (5-8 YEARS)

Webisode #1

1: The class really likes it when Ms. Osborne lets them draw planets from outer space, but this time Nisha and Ray did something that took the fun out of drawing planets. What did they do?

A) They didn't share the crayons with Henry. *[That's not it, try again.]*

B) They told him that he couldn't draw the planet Saturn by putting a big X on his picture, and by telling him he wasn't good at anything. This is bullying. *[You're right.]*

C) They made fun of Ms. Osborne's way of saying “Art from Outer Space.” *[No, but Ms. Osborne did have a funny way of talking like a creature from outer space, didn't she?]*

2: How do you think it made Henry feel? [All are correct.]

A) Left out, since Nisha and Ray wouldn't let him draw Saturn. *[Yes, that's right. Is there another answer that also may be true?]*

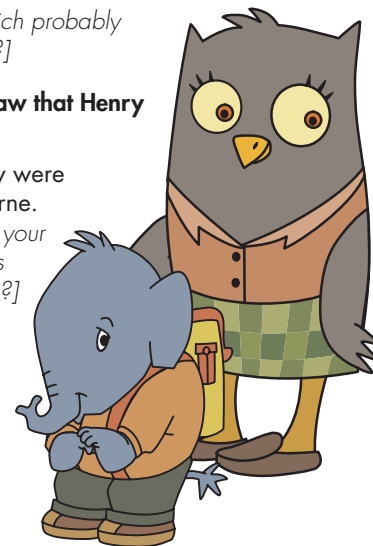
B) Sad because Nisha and Ray told him he wasn't good at anything. *[Yes, it may have hurt his feelings. How else do you think he felt?]*

C) Mad because they messed up his picture. *[Yes. They put a big X on his picture, which probably upset him. How else do you think he felt?]*

3: Who did the right thing when they saw that Henry was being bullied by Nisha and Ray?

A) Selena. She saw that Nisha and Ray were bullying Henry, and she told Ms. Osborne. *[You're right! If you ever see bullying, tell your teacher or another adult right away. Was there anyone else who did the right thing?]*

B) Ray for putting a big X on Henry's paper. After all, Henry copied Nisha's idea of drawing Saturn. *[No, Ray left Henry out and messed up his artwork. That was bullying. Try another answer.]*



C) Ms. Osborne for stopping the bullying. *[Yes, Ms. Osborne was right to tell Nisha and Ray that they were bullying Henry and that it must stop. Every teacher should help keep children safe from bullying. Is there another answer that also may be right?]*

Guided questions by the teacher or another adult:

This webisode gives students a chance to talk about the roles each student had in starting and stopping the bullying. Lead the children in a discussion so they learn how to apply the lessons learned in their own classroom. Here are questions for starting the conversation with young children. The questions are divided into age-appropriate groups: Group A for ages 5 and 6; and Group B for ages 7 and 8.

Group A: for children ages 5 and 6

1. Tell me what happened in this story. *[Prompt as needed to be sure all key actions are described.]*

2. What did Nisha and Ray do that was wrong?

Answer: Nisha and Ray left Henry out, ruined his picture and hurt his feelings. They said he couldn't draw the planet Saturn. Ray put an "X" over Henry's picture. Nisha told Henry that he wasn't good at anything. This is bullying.

3. How do you think Henry felt when he was bullied?

Answer: When Nisha and Ray left Henry out, put an X on his picture and told him he wasn't good at anything, he may have had lots of feelings. He probably felt **sad** because they hurt his feelings by saying he wasn't good at anything. He may have felt **left out** since Nisha and Ray wouldn't let him draw the planet they were drawing. And, he may have felt **mad** because what they did was mean.

4. What did Selena do to help stop the bullying?

Answer: She told Ms. Osborne about Nisha and Ray not being nice to Henry.



5. How can we use what we've learned from this story in our classroom and with other students?

Answer: We saw an example of bullying in this story and good ways to stop it. Let's agree not to bully anyone—not to leave anyone out, not to call people mean names, or not to mess up others' belongings. And if you see bullying, or if you are bullied, try to do what Selena did. Please tell me or another adult. I need to know. Also, talk with your parents about bullying that you see.

Group B: for children ages 7 and 8

1. Who first bullied Henry and what did they do?

Answer: Nisha bullied Henry when she said he couldn't draw the planet Saturn.

2. Ray also bullied Henry. What did he do and say?

Answer: Ray told Henry that he had to draw another planet because only Ray and Nisha were allowed to draw Saturn. He also drew an X over Henry's drawing.

3. Why do you think Ray joined in to bully Henry?

Answer: Kids bully for lots of different reasons. Maybe he did it because he thought it would be fun. He might have done it because he and Nisha were friends and he thought that Nisha or other kids would like him or would think he was "cool" if he picked on Henry.

4. What did Zack and Selena do when they saw what happened to Henry?

Answer: When Zack saw what Nisha and Ray were doing to Henry, he looked worried and shared his worries with Selena. He looked at her and said, "Uh-oh!" Selena called the attention of Ms. Osborne and told her what she and Zack had seen.



5. How can we use what we've learned from this story in our classroom and with other students?

Answer: We saw an example of bullying in this story and good ways to stop it. Let's agree not to bully others. And if you see bullying at school, try to act like Zack and Selena did. Like Zack, you can share your concerns with other students. Like Selena, I hope you will always tell me or another adult if you see bullying, if you think it may be happening or if you are bullied. Also, talk with your parents about bullying that you see and let an adult know if you are bullied.

Webisode #2

1: What did Lance and Alexa do to Ty and Jojo?

- A) They called them mean names. *[No, try again.]*
- B) They told them they couldn't play on the climbing bars. *[Yes, you're right!]*
- C) They wanted to be first to climb on the bars. *[No. They didn't just want to be first on the climbing bars, they wanted to be the ONLY ones to climb on the bars. Try again.]*

2: What did Ty and Jojo do when Lance and Alexa told them they couldn't play on the climbing bars?

- A) They told Lance and Alexa to stop being mean and let them play. *[No, they didn't. Maybe they felt scared to say something. Try another answer.]*
- B) They told their teacher that they were being left out. *[No, they didn't tell their teacher, but that would have been a good idea. Try again.]*
- C) They left the climbing bars. *[Yes. They looked pretty sad when they left, didn't they?]*

3: What happened then?

A) Zack helped Ty and Jojo. He told Lance and Alexa that the climbing bars are for everyone. *[Yes—you're right!]*



B) Mr. Ortiz told Lance and Alexa that they wouldn't be able to play on the climbing bars for the rest of the week. *[No, he didn't, but he did help by telling Lance and Alexa that they were bullying when they didn't let Ty and Jojo play.]*

C) Ty and Jojo pushed Lance and Alexa off of the bars so they could have a turn. *[No, and it is never a good idea to push or hit!]*

Guided questions by the teacher or another adult:

This webisode gives students a chance to talk about the roles each student had in starting and stopping the bullying. Lead the class in a discussion to apply the lessons learned in their own classroom. Here are questions to use in starting the conversation with young children. The questions are divided into two age-appropriate groups: Group A for ages 5 and 6; and Group B for ages 7 and 8.

Group A: for children ages 5 and 6

1. Tell me what happened in this story. *[Prompt as needed to be sure all key actions are described.]*

2. How did Lance and Alexa act mean to Ty and Jojo?

Answer: Lance and Alexa told Ty and Jojo that they couldn't play on the climbing bars. They said the climbing bars were theirs and no one else could play on them, and they told them to "get out of here." That's bullying when you leave someone out.

3. How do you think Ty and Jojo felt when they were left out by Lance and Alexa? *[For each answer, prompt children to explain why they might feel that way.]*

Answer: They might have felt **sad**, because Lance and Alexa were leaving them out and not letting them have fun on the playground; **scared**, because Lance and Alexa were bigger and were acting mean [note that their faces did seem kind of sad or scared]; **mad**, because it wasn't fair for Lance and Alexa to leave them out—everyone gets to play on the climbing bars.



4. What did Ty and Jojo do when they were bullied by Lance and Alexa?

Answer: They walked away. It's OK to just walk away if you are ever bullied, but it also is important to tell an adult—tell me, another teacher or your parents if you are ever bullied.

5. What did Zack do to help Ty and Jojo?

Answer: He did a couple of really good things. He told Ty and Jojo that they were allowed to play on the climbing bars. Then, he walked over to Lance and Alexa and told them that the climbing bars belong to all of them. He also told Lance and Alexa that they were bullying Ty and Jojo.

6. Do you think Zack was brave for telling Lance and Alexa to stop bullying?

Answer: This was a brave thing for Zack to do. Sometimes, it can feel scary to tell people to stop bullying. If you feel too scared to tell another child to stop bullying, that's OK. Always tell an adult.

Group B: for children ages 7 and 8

1. If you were Ty or Jojo, how do you think you would feel if Lance and Alexa had treated you this way?

Answer: You might have a number of different feelings: *sad* or *disappointed* for not getting to play where you wanted, *scared* or *worried* about being bullied by Lance and Alexa, or *angry* that you weren't being allowed to play.

2. Why did Ty and Jojo walk away? Why didn't they stay and climb on the bars anyway?

Answer: Often kids feel very scared when they are bullied like Ty and Jojo were. That's normal. Maybe they were worried that if they tried to climb on the bars the bullying would get worse. It's OK to just walk away if you are bullied. But it would have been a good idea for them to walk away and tell an adult what happened.

3. Why do you think Zack decided to help Ty and Jojo? Do you think it took courage for Zack to talk with Lance and Alexa? Have you ever seen someone else being bullied? How did it make you feel? Have you ever seen someone try to help when another is bullied?

Answer: He may have been upset to see his friends treated like that. Sometimes it takes a lot of courage to take a stand against bullying. If you ever see bullying happen, and if you feel safe, it's important to tell kids that bullying is wrong and that they should stop. If you feel too scared to do that, it's OK. You always should tell an adult what happened. In this story, Mr. Ortiz saw what happened and spoke to all of the students about the bullying.

4. All of us have important roles to stop bullying and help kids who are bullied. How can we all help to stop bullying at recess and on the playground?

Answer: We can:

- never leave kids out of games
- treat everyone with respect (use kind words and actions)
- watch for kids who may not have friends to play with and include them in our games
- tell kids to stop bullying if we feel safe doing this
- tell an adult right away if we ever see someone bullied or worry that someone might be bullied





STOP
BULLYING
NOW!

TAKE A STAND. LEND A HAND.

www.StopBullying.gov