

The Game Plan

CHECKLIST

- Academic
- Athletic

FRESHMAN/SOPHOMORE YEARS

- Establish a four-year academic plan to meet all core course requirements.
- Take a strong academic course load. ***(You don't want to fall behind early)***
- Maintain at least a 2.5 grade point average out of 4.0 in core courses.
- Talk with your coach about other opportunities to increase your exposure in your sport.
 - Attend summer camps:
 - For exposure (select camps at colleges that you might want to attend).
 - To improve skills.
 - To compare your current skill with others.
- Videotape games. *(Hudl)*
- Keep records of your athletic achievements, extracurricular activities, etc.
- View college athletic web sites. Most have a simple questionnaire you may fill out and email to the coach. Also view college athletic rosters to see number of athletes graduating, as well as potential trends in recruiting (area, high schools, leagues).

Students and parents must take the initiative and work on their own behalf. Please do not sit back and wait for someone to do it for you. Staying on top of all the information throughout the high school years makes it easier when the actual time comes to applying for college.